

# Mountain Villa School

## September 2017 Lunch Menu

Farm Fresh Produce will be available from September 25th through the 29th.

Look out for the Jersey Fresh Symbol on the lunch line!

Local produce decreases the food miles from the farm to your cafeteria.

Local fruits and vegetables are in season and taste great!

All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

Student Lunch \$2.85  
Reduced Lunch \$0.40  
Adult Lunch \$3.70

Maschio's Swap Outs Available Daily

**Chicken Patty on a Bun**

**Bagel Bag Meal**– Bagel and Cheese Sticks

**Muffin Bag Meal**– Muffin and Cheese Sticks

**Cereal Bag Meal**– Cereal, WG pretzels, and Cheese Sticks

**Yogurt Bagel Meal** – Yogurt, WG pretzels, and a Cheese Stick

Connect with us!



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
	<i>We Hope You Enjoyed Your Summer Vacation!</i>			<sup>1</sup> School Closed
<sup>4</sup> Labor Day School Closed	<sup>5</sup> Welcome Back! Crispy Chicken Sandwich Freshly Prepared Tomato & Cucumber Salad with Fresh Basil Watermelon Sorbet	<sup>6</sup> Meatball Parm Sandwich Smile Fries Fresh or Chilled Fruit	<sup>7</sup> Breakfast for Lunch French Toast Sticks Breakfast Sausage Tater Tots Fresh or Chilled Fruit	<sup>8</sup> Bella's Pizza New York Style Freshly Prepared Garden Salad Fresh or Chilled Fruit
<sup>11</sup> Chicken Nuggets Soft Pretzel Stick Fresh Veggie Dippers Fresh or Chilled Fruit	<sup>12</sup> Taco Tuesday Twin Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Diced Tomatoes, and Salsa Steamed Rice Black Bean and Corn Salad Fresh or Chilled Fruit	<sup>13</sup> Lucky Tray Day Macaroni & Cheese Warm Breadstick Steamed Broccoli Fresh or Chilled Fruit	<sup>14</sup> Cheeseburger on a Bun French Fries Fresh or Chilled Fruit	<sup>15</sup> Stuffed Crust Cheese Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit
<sup>18</sup> Popcorn Chicken with Dipping Sauces Buttered Noodles Carrots Fresh or Chilled Fruit	<sup>19</sup> Breakfast for Lunch Waffles Breakfast Sausages Hash Browns Fresh or Chilled Fruit	<sup>20</sup> Pasta with Meat Sauce Warm Garlic Breadstick Green Beans Strawberry Applesauce	<sup>21</sup> SCOOP-A-BOWL Taco Meat, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa Tostitos SCOOPS!® Tortilla Chips Steamed Corn Fresh or Chilled Fruit	<sup>22</sup> Mini Cheese Pizza Bagels Fresh Veggie Dippers Fresh or Chilled Fruit
<sup>25</sup> Grilled Chicken Sandwich with Lettuce & Tomato Locally Grown Fresh Veggie Dippers Seasoned Potato Wedges Fresh or Chilled Fruit	<sup>26</sup> Johnny Appleseed Day Grilled Cheese Sandwich Tomato Soup Freshly Prepared Garden Salad Locally Grown Apple	<sup>27</sup> Corn Dog Nuggets Baked Beans Locally Grown Cucumber & Tomato Salad Fresh or Chilled Fruit	<sup>28</sup> Pancakes Breakfast Sausages Tater Tots Fresh or Chilled Fruit	<sup>29</sup> Bella's Pizza New York Style Freshly Prepared House Salad with Locally Grown Tomatoes Fresh or Chilled Fruit

Our well-balanced lunches available for the week, average between 550-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns? Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)  
Or Call Maschio's Food Services at: 908-852-1894

Prepaid Meals are available in the cafeteria:  
10 for \$00.00/ 20 for \$00.00

**Please Make Checks Payable To:**  
Allamuchy Twp. School

MENU SUBJECT TO CHANGE

  
Maschio's  
Food Services, Inc.

"This institution is an equal opportunity provider"